



CogNotes

The Rotary Club of Swarthmore
P.O. Box 4, Swarthmore, PA 19081



March 24, 2016

March is Water and Sanitation Month

**Improving Lives in Communities
Locally and Around the World for over 75 Years**

Rotary International President K.R. Ravindran
District 7450 Governor Chad Rosenberg
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New Generations Service	Maria Zissimos
Foundations Service	Mike Malone
Charitable Trust	Marty Spiegel

Today's Program:

Linton Stables, Swarthmore Aging in Place Task Force

Table Grace

Lord, your faithfulness is without measure. The seasons come and go, the sun rises and sets, there is seed time and harvest. Teach us to trust You In the less obvious events of life and ever to know that come what may, we are never alone, but that your providence is sure. Use us, we pray, to reassure others along the way. Amen.
Frederick E. Christian

Coming Programs & Events

March 31 Rotarian Theresa Hartzell, Esq. will give her classification talk.

April 7 Rotary Intl Exchange student Sabine Lynge of Denmark, hosted by Swarthmore Rotary and local families will talk about her home country and her experiences in the US.

***Know someone who has an interest in any of these topics? Invite them to*

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Last Meeting's Speaker: Ed Kline

In addition to Ed Kline's "full" time job of Swarthmore police officer, Ed also is Chief of the South Media fire department and Director of the Delaware County Emergency Response team. If that isn't enough, Ed volunteered to come to Rotary to give us advice about how to respond in an emergency. Ed believes that an informed public is vital to the County's responding to a large scale disaster successfully. If a county wide emergency strikes, the County does not have the facilities, equipment, or staff to respond. Therefore, members of the public need to know how to take care of their own and neighboring families. Here is some of the advice Ed told us. For most emergencies we should plan to stay at home. We should not travel unless we are advised to do so by emergency response authorities.
- (continued on reverse)



The Pledge of Allegiance



Four Way Test: Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:

Michelle DeMoras,
prospective member.

Stop Hunger Now Meal Packaging Event!

Message from Joe Lesniak, *President*:

THANK YOU to everyone and their friends and family who volunteered this Saturday for our Stop Hunger Now food packaging event. Thanks to you we had OVER 70 volunteers who packaged over 10,000 meals in ~1 hour. I would like to thank Jim Schredenschek who led the charge, Joy Charlton who made sure we had a great location to do the event, Dave Houtz, President of the Chichester Rotary who rallied his club and is interactors for a great showing and Warren Sell, President of the Chester Rotary who also rallied his members for a great showing.

It is events like these that make me proud to be a Rotarian and proud to serve as President!



Fun Fact: Stop Hunger Now will be packaging 150,000 meals at the Rotary International Conference in Seoul, South Korea in May.

Speaker: *Continued from Front*

That means we should all have emergency kits in case we are stuck in our homes for awhile. The kit should contain lots of water, non-perishable food, tools, first aid supplies, medicines, and important papers such as medicine lists and doctor's contacts. We should have a plan, such as a point of contact to call if the family becomes separated. Ed suggested we text rather than make voice calls because texts use much less phone capacity.

Happy Dollars Total for 2015-16:
\$1,930



2014-2015 total: \$3,168
2013-14 total: \$2,493
2012-13 Total: \$2,345
2011-12 Total: \$2,311

(18,711 Children Immunized)

**All Proceeds go towards
Polio Eradication.**

Service Quotation

“To give without any reward, has a special quality of its own.”

- Anne Lindbergh, (1906-2001) Acclaimed Author of poetry and non-fiction, aviator, and the wife of aviator Charles Lindbergh

Rotary Celebrations

Birthday:

Craig Fava 3/23

Member Anniversary:

George Whitfield 3/19

Margaret Christensen 3/20

Joan Wright 3/21

Wedding Anniversary:

None

**1 in 10 people lack
access to safe water.**

**1 in 3 people lack
access to a toilet.**