



# CogNotes

The Rotary Club of Swarthmore  
P.O. Box 4, Swarthmore, PA 19081

March 17, 2016

March is Water and Sanitation Month



**Improving Lives in Communities  
Locally and Around the World for over 75 Years**

Rotary International President K.R. Ravindran  
District 7450 Governor Chad Rosenberg  
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New Generations Service	Maria Zissimos
Foundations Service	Mike Malone
Charitable Trust	Marty Spiegel

## Today's Program:

**Ed Kline, Emergency  
Preparedness, a  
Personal  
Responsibility**

## Table Grace

Lord of the nations, grant us  
a vision of this small compa-  
ny, expanding in concentric  
circles to include more than  
a million in many lands who  
share the dreams and  
hopes of Rotary. Help us to  
make our world a better  
place in which to dwell. Fa-  
ther, as we receive good  
things from your bountiful  
hand, make us truly grateful.  
Amen. Frederick E. Christian

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## Last Meeting's Speaker: Kelly Cook Andress

Kelly Cook Andress loves the Silent Generation. These are individuals born between 1929 and 1945, making them currently 71 to 87 years old. It is fortunate that she loves them because they are currently the consumers at the senior living homes she runs. Kelly is president and founder of Sage Senior Living, which runs Plush Mills and other senior living centers. Kelly's talk and handout was full of interesting facts about the various generations. Here is how she described the Silent Generation: respects authority, patriotic, religious, and save a lot so they are now well prepared for retirement. They got married young and they stayed married. She said they are also known as the Lucky Few because they avoided the big wars and cashed in on the post-war boom of the 50's and 60's.



- (continued on reverse)

## Coming Programs & Events

**March 24** Linton Stables will report out on the Swarthmore Aging in Place Task Force findings and recommendations.

**March 31** Rotarian Theresa Hartzell, Esq. will give her classification talk.

*\*\*Know someone who has an interest in any of these topics? Invite them to the meeting!*

## The Pledge of Allegiance



## Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



## Guests:

Caitlin Lesniak, Joe's wife, Briana Pickett & Rob McDevitt, Inn at Swarthmore, Michelle DeMoras, & Maeve Lesniak, prospective member.

# St. Patrick's Day Celebration

**At Sligo's**



**Happy Dollars Total for 2015-16:**

**\$1,910**



2014-2015 total: \$3,168

2013-14 total: \$2,493

2012-13 Total: \$2,345

2011-12 Total: \$2,311

(18,711 Children Immunized)

All Proceeds go towards  
Polio Eradication.

## **Service Quotation**

**“Whenever you feel helpless, help others”**

- Norman Vincent Peale, (1898-1993)  
American Minister and author of “Positive Thinking.”

## **Rotary Celebrations**

### **Birthday:**

Dave Welsh 3/13

Joe Lesniak 3/17

### **Member Anniversary:**

Rich Shimko 3/10

Barbara Whitaker-Shimko 3/10

Lisa Lee 3/17

### **Wedding Anniversary:**

Mike Malone 3/17

## **Speaker: Continued from Front**

Some famous individuals from the Silent Generation are Warren Buffet, Elvis Presley, and Martin Luther King Jr. Remarkably, there have been no presidents from this generation, although a number have run, most recently, John McCain. Of course, a few members of our club, even those that are not that silent, are part of this generation.

**1 in 10 people lack access to safe water.**

**1 in 3 people lack access to a toilet.**