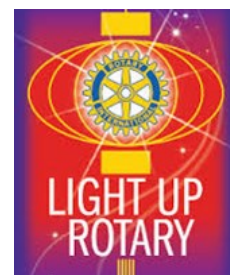




# CogNotes

**The Rotary Club of Swarthmore**  
**January 8, 2015**



January is Rotary Awareness Month

**Improving Lives in Communities**  
**Locally and Around the World for over 75 Years**

Rotary International President Gary Huang  
District 7450 Governor Doug Blazey  
Assistant Governor George Whitfield

## 2014-2015 Board

<b>President</b>	<b>Perri Evanson</b>
President-Elect	Joe Lesniak
President-Nominee	Lisa Lee
Immediate Past President	Hillard Pouncy
Secretary	Steve Laxton
Treasurer	Josh Twersky
E-Secretary/Webmaster	Brian Casey
Club Service	Marv Gelb
Community Service	Joe Lesniak
Vocational Service	Josh Twersky
International Service	Anne Hansen
New Generations Service	Joy Charlton
Foundations Service	Craig Fava
Budget Committee	Josh Twersky
Charitable Trust	George Whitfield

## Today's Program:

**Allison Jo Stoutland**  
Inch by Inch Publications, Author  
and Motivational Speaker

## Table Grace

Lord of the passing years, we  
pause to thank you for your  
over-arching presence in the  
past and to seek the  
assurance of your blessings in  
this New Year. We live in an  
awesome time. Teach us to  
live confidently in your care  
and to seize opportunities to  
make our world a better place  
for all humankind and so to  
fulfill Rotary's ideals.  
Amen.

The Rev. Dr. Frederick E. Christian

## Coming Programs & Events

**Jan 15:** Andrew Sullivan, Stop  
Hunger Now, classification talk

**Jan 22:** Christopher Curtin,  
Master Chocolatier, Eclat  
Chocolates

**Jan 29:** Teya Sepinuck  
"Theatre of Witness - Finding the  
Medicine in Stories of Suffering,  
Transformation and Peace"

**Feb 5:** David Smith, PhD.,  
Professor Emeritus  
Department of Risk, Insurance and  
Health Care Management  
Temple University

*Know someone who has an interest in any  
of these topics? Invite them to the  
meeting!*

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## Last Meeting's Program: CADES & Silvertones

By Rich Shimko

Two firsts for me – first time at CADES (other than playing on the slides) and first time to hear the Silvertones. Both experiences were delightful. We received a warm personal greeting from William Benson, the CADES Executive Director, and two students when we arrived. By the way, I found out that Rotary has provided substantial support to CADES over the years and, in fact, our own George Whitfield is a senior member of the Board. After our lunch and meeting we were joined by the Strath Haven High School Silvertones, a co-ed choral group led by John Shankweiler. It was enjoyable to see the exuberant reception of the Silvertones by the CADES students and the interaction between John and the CADES students. They enthusiastically guessed the next songs after only very slight hints from John. The Silvertones are great and the arrangements of old standards made the songs even more enjoyable.

## The Pledge of Allegiance



## Four Way Test:

**Of the things we think, say and do:**

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all Concerned?



**Guests:** Don Carpenter, Betsy Fry,  
Tannei Casey and Tiernan Fava

## Some Pictorial Notes from Last Meeting



*Perri stands with Bill Benson, Executive Director of CADES after presenting him with a contribution from the Club.*



*Perri stands with John Shankweiler and the Silvertones presenting them with a contribution from the Club.*



*George offers a toast to Mollie Schifflet who has moved to North Carolina to start a new chapter in her life. We wish her all the best!*

## What is a Paul Harris Fellow?

Rotary International has long recognized Rotarians who contribute to The Rotary Foundation in many ways. Those who contribute a minimum of \$100 per year are recognized as Sustaining Members. In this club there were 28 sustaining members last year. At such time as their contributions total \$1,000 they are recognized as Paul Harris Fellows, in honor of Rotary's founder, and we present them with a certificate, a special pin and a medallion. Rotary now have over 1 million Paul Harris Fellows.



Becoming a Paul Harris Fellow, however, is a milestone, not a destination. We ask those who become Paul Harris Fellows to continue supporting The Rotary Foundation and we recognize them as Multiple Paul Harris Fellows at such time as they contribute an additional \$1,000 to The Rotary Foundation. With each additional \$1,000 they are presented with a pin with a stone, either a sapphire or ruby, indicating the total level of their contributions. In our club we have fourteen PHF, 19 multiple PHF (ranging from PHF+1 to PHF+8) who have been previously recognized for such contributions. At such time as their total contribution is \$10,000 they are recognized as Major Donors with a pin with a diamond and a special crystal.

A Rotarian may also earn points towards PHF or multiple PHF. Points are typically in recognition of service and count the same way as dollar donations. A Rotarian earns recognition points for each dollar donated after the first 1000, the club also earns points for donations from fundraising events, and, in our case, from donations to Polio Plus such as our happy dollars. Those points may be transferred to others and used to name an individual as a PHF or Multiple Paul Harris Fellow; typically someone whose life demonstrates a shared purpose with the objectives of The Rotary Foundation.

For more information see Club Foundation Chair Craig Fava

## Happy Dollars Total for 2014-15:

**\$1312**

2013-14 total: \$2,493

2012-13 Total: \$2,345

2011-12 Total: \$2,311



(18,220 Children Immunized)

**All Proceeds go towards  
Polio Eradication.**

## Service Quotation

**“Volunteers are love in motion.”**

- Anonymous



## Rotary Celebrations

### Birthday:

Rudolf Amann - 1/4

Gladys Snively - 1/8

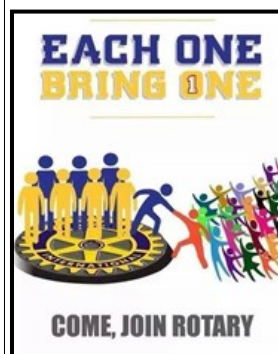
### Member Anniversary:

Betty Ann Flynn - 1/5 (25 yrs)

### Wedding Anniversary:

Joan & Ken Wright - 1/1 (2 yrs)

Roberta Elrick - 1/1 (19 yrs)



**Have you  
asked  
anyone to  
be a  
Rotarian  
today?**



*CADES consumers greet Rotarians as they enter the gym, welcoming them to the School*