

Swarthmore Rotary CogNotes

P.O. Box 4, Swarthmore, PA 19081



November 10, 2022

Jennifer Jones RI President 2022-23 David Houtz District 7450 Governor

Swarthmore Rotary Leaders

Heather Saunders President Greg Brown President-Elect Brian Casev **Club Executive Secretary** Patrick Gunnin Treasurer George C. Whitfield Jr. Secretary Jane C Billings **Youth Services Chair** Perri Ann Evanson Public Relations Chair Carr Everbach Membership Chair David Firn Service Projects Chair Betty Ann A. Flynn Club Director William Clinton Hale Past President Sergeant-at-Arms Anne C. Hansen International Service Chair Kathryn Jones iPast President Jeannine Osayande Youth Services Chair Hillard Pouncy **Club Programs Chair** Joshua Twersky **Club Director** Barbara Whitaker-Shimko **Rotary Foundation Chair** Kenneth J. Wright Club Director

2-23 Swarthmore Weekly Club Meeting (Inn) Speaker: Marsha Benovengo Subject: Casting for Recovery November 24th

Subject: Casting for Recovery November 24th Swarthmore Weekly Club Meeting Speaker: Thanksgiving Holiday Subject: no meeting

Meetings and Events

4 Way Test

November 10th

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Service Quotation

An old man came upon a young man throwing starfish in the sea. The old man asked the young man what he was doing.

November 17th

Speaker: Club Assembly

Subject: Club Assembly

Swarthmore Weekly Club Meeting (Inn)

The young man replied, "The sun is up and the tide is going out. If I don't throw them in, they'll die."

Upon hearing this, the old man commented, "But, young man, do you not realize that there are miles and miles of beach and there are starfish all along every mile? You can't possibly make a difference!"

At this, the young man bent down, picked up yet another starfish, and threw it into the ocean. As it met the water, he said, "It made a difference for that one." Loren Eiseley

Club News

Rotary Moment – Elizabeth Churche told us Rotary was involved in the formation of the United Nations 75 years ago. Rotary has been awarded a seat at the UN General Assembly in honor of their help in the formation of the UN and its work to promote peace.

President Heather Saunders presented an Outstanding Rotarian award to Ken Wright. Heather cited Ken's

past work to launch Fun Fair and his current work on CTEP and the Rotary Arts Program. Heather said we will

hear more about the Rotary Arts Program soon.

Happy Dollars

Assistant Governor

Cathleen Darrell

Bulletin Editor

Attendance Secretary <u>Richard Shimko</u>

Karen Aleta Mazzarella

pledge \$1,423 2021-2022 \$4,476

Rotary Celebrations!

Birthdays

Betty Ann A. Flynn November 16th

Wedding Anniversaries

No Wedding Anniversaries Found

Years of Service

No Years Of Service Found

Guests Last Meeting

Linton Stables



Cathy Darrell invited us to donate food for Thanksgiving to City Team in Chester. Food can be brought to today's meeting. After today, Cathy said we could drop food at her house at 315 North Chester Road in Swarthmore. Please donate the following items for Thanksgiving: frozen turkeys and canned or boxed food. Last Meeting Summary

By Sarah Pita



Heather Saunders asked us to consider the role of nature in our lives. Heather is helping to develop a strategic plan for Tyler Arboretum. To help that effort, Heather invited comments on a series of questions about nature. The questions and Rotarians' paraphrased comments are summarized below.

1. What is our favorite place in nature to go to?

"When stressed, I imagine I am in the Scottish Highlands"

"My yard and street are my favorite places."

"I grew up near the ocean and still imagine being there. I also enjoy looking out at my backyard and walking in my neighborhood."

"The four wheel drive beaches in the Outer Banks is so relaxing."

"I like looking at my flowers and viewing nature from the comfort of my home."

"Although I don't like being at the beach, I imagine the beach when I want to relax."

"I loved looking at the mountains when I lived in Alaska."

"I remember the sunlight in Bryce Canyon. I also enjoy sitting in my yard and enjoying the evening."

"I enjoy exploring nearby places."

2. Heather asked us to raise our hands if we associated nature with any of the following words or phrases. In general, the number of raised hands decreased from everyone for the first two phrases to only a few going down the list.

- · Spending time with friends and family
- Spending time alone
- Relaxation
- Beauty
- Exercise
- Fun
- Learning

- Mental health
- Hazards, such as ticks and poison ivy

3. What is a specific item such as a favorite tree or flower to which we are attached?

"Enjoy looking at crepe myrtle tree."

"I miss the red maple tree that used to be in our backyard."

"Sitting in my window seat and looking at birds and flowers."

4. How did the pandemic impact our view of nature?

"Focused on local walks."

"Picked up golf as an outdoor activity."

"Started hikes around Tyler Arboretum. Got to know it much better."

5. What is impact of climate change on your view of nature?

"So hot won't go out in summer."

"No snow."

"Seems like more ticks and hazards in general."

"Many trees not thriving in hotter weather."

"The bugs seem different. Flowers bloom earlier in the season than they used to."

