



CogNotes

The Rotary Club of Swarthmore
P.O. Box 4, Swarthmore, PA 19081
August 23, 2018



Improving Lives in Communities
Locally and Around the World for over 80 Years

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Today's Program:

Pearl Kim, Republican
Candidate for US Con-
gress 5th District PA

Table Grace

Father, we draw near to the end of another summer. Grant protection to all who travel during these busy days. May we have found some moments of refreshment from our routines. Grant that we may join hands so that with renewed enthusiasm we may make this coming year the best in our Rotary's history, through you. Amen.

Frederick E. Christian

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www.SwarthmoreRotary.org
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August 16 Program: Nancy Crasky - City Team

By Rich Shimko

Nancy Craskey explained Cityteam is far more than just peanut butter. Nancy is Director of Development at Cityteam, a faith-based non-profit agency. In addition to the food pantry to which Rotarians donate, Cityteam has the following programs: hot meals (3 meals, 365 days a year), Saturday night restaurant food service, mother and baby program (providing formula and diapers), supplying adult clothing and household items, 80 bed shelter for men, long-term programs for addicts and the homeless, Xmas gifts for children and holiday food baskets. Cityteam served about 90,000 meals and gave \$626,000 worth of food to needy families last year. Nancy said Cityteam has a staff of 12 but mostly relies on volunteers. Once approved, volunteers can select their own tasks from Cityteam's volunteer website.

(continued on reverse)



Coming Programs & Events

(All meetings at The Inn unless otherwise noted)

August 30: Tim Plummer, Mayor of Rose Valley and West Point grad, will talk to us about his book, Unnecessary Risks: A Memoir of Adventure.

Sept 6: Shannon Elliott from HOM

Sept 13: Profesor J Wesley Leckrone, Widener University will talk about politics in Pennsylvania

Know someone who has an interest in any of these topics? Invite them to the meeting!

The Pledge of Allegiance



Four Way Test:

Of the things we think, say and do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all Concerned?



Guests:

Jon Kopsick



Barry Rassin Talks about "Be the Inspiration"

President-elect Barry Rassin's theme for 2018-19, *Be the Inspiration*, asks Rotarians to inspire change in the world and in each other. "I ask all of you to Be the Inspiration to help Rotary move from reaction to action — to

take a hard look at the environmental issues that affect health and welfare around the world and do what we can to help."

Since Rotary was founded 113 years ago, its role in the world and in the lives of its members has been in a state of continuous evolution. In its earliest days, Rotary offered its members a way to find fellowship and friendship and to build connections within their communities. Soon after, service found a place in Rotary, and as our organization expanded, so did its influence. In time, Rotary's service, supported by our Rotary Foundation, would change the lives of families and communities across the world. We formed partnerships and focused our service to increase our impact. We launched the world's largest public-private health initiative, partnering with governments, international organizations, and countless local and regional health agencies to eradicate polio. More and more, our members came to us seeking not just friendship but a way to take action for good.

Rotary service transforms lives and communities. To achieve even more of that truly transformational service, we need to think differently about our role in Rotary, and Rotary's role in the world. We need to put more emphasis on our public image, using social media to build our membership and attract the partners that can help us scale up our service. We need to focus on larger projects that have a more lasting impact, taking the time to research and plan work that spans Rotary years and terms of office. Most important of all, we need to Be the Inspiration for positive change, inspiring our clubs, our communities, and our organization to face today's challenges head on, with courage, optimism, and creativity.



A "Thank You" from Nancy Crasky:

(Nancy sent the following to Ann Seidman)

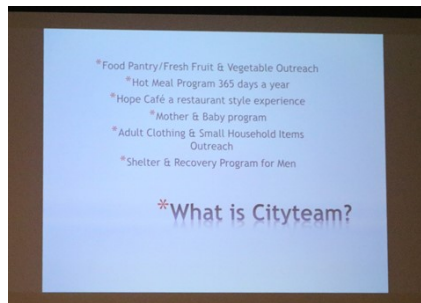
It was a pleasure meeting you and your wonderful group last week. I have attached information on all of our programs as promised. Also, here is a link to the video I showed highlighting our food program that you already so generously support!

<https://www.youtube.com/watch?v=ZZ6PoGhuyMw&feature=youtu.be>

If any of your members would like to take a tour or any additional information please pass along my contact information: Nancy Craskey
ncraskey@cityteam.org; (610) 872-6865 x 114

August 16 Program: Nancy Crasky - City Team (continued from front)

Another Rotary connection to Cityteam about which we learned at the meeting was that Joe Lesniak organized their first Turkey Day as his Eagle Scout project. He obtained food donations from supermarkets and organized volunteers to deliver complete turkey meals to 900 families. Joe told me he was surprised at how much 900 frozen turkeys weighed and was expecting to carry them all in his pick-up truck.



Happy Dollars 2018-19:

\$554

2017-2018 total: \$4,515
2016-2017 total: \$3,756
2015-2016 total: \$3,756
2014-2015 total: \$3,168
2013-2014 total: \$2,493



(22,097 Children Immunized)
**All Proceeds go towards
Polio Eradication.**

Service Quotation

**"You cannot do a kindness
too soon because you never
know how soon it will be too
late."**

Ralph Waldo Emerson

Rotary Celebrations

Birthday:

Hillard Pouncy 8/23

Member Anniversary:

None

Wedding Anniversary:

Barbara Amstutz 8/24 (19 yrs)
Anne Hansen 8/27 (58 yrs)

PEANUT BUTTER DAY! When: Every 1st Thursday of the month



Please bring a jar of peanut butter to every first Thursday meeting. Cathy Darrell will transport our donations to City-Team.